

You can help...

Donations are welcome by:

- Standing Order, using the other side of this form.
- Cheque payable to *Rigul Trust*, posted to
*13 St Francis Avenue, Southampton,
SO18 5QL, UK*
- Paypal, in any currency, at www.rigultrust.org
- Direct bank transfer to:
The Co-operative Bank Plc,
*Account Name: Rigul Trust | No: 65283969 | sort code: 08-92-99
IBAN, GB46 CPBK 0892 9965 2839 69 | BIC, CPBK GB22*

If you are a UK tax payer, please use this gift aid form

Name

Address

Tel no

Email (optional)

I would like Rigul Trust to treat all donations that I make until further notice as gift aid donations. I am a UK tax payer paying more in tax than will be reclaimed (25p per £1)

Signed Date

Rigul Trust is a UK registered charity
Registered charity number 1124076

Patron: Ringu Tulku Rinpoche



"Thank you for helping my people in Rigul."

Ringu Tulku Rinpoche
Rigul Trust Patron

Ringu Tulku is so appreciative of however much that we can give, no amount too small, no amount too big. Please help us to help these children in Rigul by completing this form and becoming a friend of Rigul Trust today.

For more information please contact:



RIGUL TRUST
13 St. Francis Avenue, Southampton,
SO18 5QL, England
Telephone: +44 (0)23 8046 2926
Email: info@rigultrust.org

UK Charity Registration No:1124076

Just 50p/60 cents provides each child with two hot meals and schooling for a day.

RIGUL - KHAM - TIBET



Tibetan Children's Education Appeal

Please help

Please give hope

Please help to make it happen

Thank you for your generosity.



Visit our website to find out more

www.rigultrust.org



Rigul, Kham, Tibet

Rigul is the birthplace of Ringu Tulku Rinpoche, it is an isolated area set high in the mountains of Kham, Tibet. The people of Rigul have been gradually rebuilding their lives after years of destruction following the Chinese invasion. Through many bleak years they experienced extreme poverty and hard labour. From the depths of their being they have summoned up the strength and the courage, the resolve and the determination to maintain the spirit and welfare of their community by helping each other in very trying and challenging times for the last fifty years.



The School

Ringu Tulku wished to have a school for all the children which has now been built. Many children have to walk up to an hour each way to the school. The winters are very severe.

FUNDS NEEDED FOR THE SCHOOL

It costs £12,000 / €15,000 a year to fund the teachers, cooks and running costs of the school, including two hot meals a day. We are committed to this every year. Please help to bring the children an education, a smile on their faces and food in their tummies.

Standing Order Mandate

To make a regular donation by standing order, please complete this instruction to your bank or building society and send to:

**Rigul Trust, 13 St Francis Avenue,
Southampton SO18 5QL, UK**

To the Manager,
(Name and postal address of your bank or building society)

Your bank /building society account details:

ACCOUNT NAME:

ACCOUNT No:

SORT CODE:

Please set up the following standing order payment to:

RIGUL TRUST
The Co-operative Bank Plc,
PO BOX 101, 1 Ballon St., Manchester M60 4EP
Account Number 65283969 Sort Code 089299

The following amount £ monthly annually
(tick as appropriate)

Starting on
and continue until further notice. (please insert date)

Signed Date

Just 50p/60 cents provides each child with two hot meals and schooling for a day.

100% OF ALL DONATIONS RECEIVED WILL GO TO FUND HEALTH CARE, EDUCATION AND POVERTY RELIEF PROJECTS. ALL EXPENSES ARE MET PRIVATELY BY VOLUNTEERS.