



100% of all donations received will go to fund activities in the field  
100% of expenses met by volunteers

## RIGUL TRUST NEWSLETTER SUMMER 2008

Ringu Tulku's wish was to have a UK based Charity.

On Friday May 16th, the news came through that the Charity Commission had passed our application for Rigul Trust and we received a spanking new charity number!

The objectives written into the Charity Commission Governing Document are:

***"The relief of poverty and financial hardship, the advancement of education, the advancement of religion and the relief of sickness and the preservation and protection of good health, in particular but not exclusively in Rigul, Kham, Tibet as the trustees may decide"***

Margaret Ford has pioneered the interests of Rigul, Kham, Tibet for many years and built up a considerable support for the Health Clinic and the School

The people of Rigul will gain from this very firm foundation, Rigul has always been Margaret's heart work and without her great endeavours, Rigul people would not have all the benefits that they have today and no way would a UK charity have come into existence without all her diligence and involvement with Rigul Foundation.

We all owe Margaret a heartfelt thanks and appreciation

Rigul Foundation is registered in Belgium and now Rigul Trust is registered in the UK

Rinpoche is very grateful for all the generous donations, help and support. We continue to fund the Health Clinic, Dr Chuga, the School children with education, free meals, and the teachers and the school cooks' salaries



Dr Chuga, trained in Tibetan and some Western medicine, his assistant in the background

Latest news from Rigul seems OK after all the difficulties in China/Tibet in recent months.

Francois from Belgium, is hoping to go again, to Rigul, for a few weeks in August/September. He has been going to Rigul every year for the past 5 or 6 years, can speak some Tibetan and reports back to Rinpoche! He also takes some great photos

We need ongoing ways of raising awareness and funds for Rigul Trust  
We will be putting out appeals for future projects that Rinpoche has in mind .



Ani Choden, the nurse



Inside part of the Health Clinic

### News and Views

Lewyn in Sheffield has kindly offered to go through all the UK Charity listings to find charities that are willing to give funds to any of the Rigul Trust projects. This will be a long procedure over a goodly period of time.

Sue from Chichester has kindly offered to sell peoples unwanted treasures on-line in our ebay charity shop

Jane from Gosport says: "it is almost obscene how little is needed to help the village, when a similar amount (here) is often spent either on a night out or for a grocery shop at the local supermarket

.I am on a state pension and of necessity, as are several people who attend the groups I run, it was a collective decision that at Christmas last year we did not give each other a gift, but gave the money instead to Rigul, I was delighted to send Margaret a cheque for £100

We now have a Rigul collection pot in which members put their collected small change - I was so pleased to give Ringu Rinpoche £90 when I met him in May, this is since January

Our 'mantra' ribboned around the pot reads 'every penny makes a difference'. Now a charitable trust has been set up, a regular monthly personal donation may be a consideration

It may be of interest to note we are not a Buddhist group - our gift is given in love and in the knowledge there is no one individual skimming (an inflated salary) off the top of Rigul Trust and that every penny (100%)goes directly to the source of need - Rigul Village - long may it continue

## **Publicising Rigul Trust**

We are thinking of ways in which we can publicise Rigul Trust.

The first port of call for me will be to try the Buddhist Society magazine Middle Way  
3 of us in the Trust go regularly to the Quaker group and they are extremely supportive

If there is a way that you feel that you would be willing to publicise Rigul Trust please let me know and we can come up with an appropriate format and would assist with the cost of advertising

Maybe you would be willing to spread the word amongst your friends, colleagues, family and any groups that you might go to. We could produce some relevant information if you wish, maybe we could devise a tailor made pack! We are at the beginning of this adventure and welcome all news and views on how best to help others through Rigul Trust. We would welcome you to tell others about our website [www.rigultrust.org](http://www.rigultrust.org)

Putting flyers out in London, Chichester, Samye Ling, Nottingham and Preston, where Rinpoche went, worked wonders with offers of help and generous donations, every penny helps:



“thank you”

“40 pence gives us 2 hot meals and schooling for a day. We walk about an hour each way and tuck into our food!”

## Recycling

Do look at our recycling page on [www.rigultrust.org](http://www.rigultrust.org)

We have our own e-bay charity shop, keep an eye on [www.rigultrust.org](http://www.rigultrust.org)

Please let us have any news, views, tips, suggestions, activities that you may be able to do/suggest to benefit Rigul Trust

Contact: [info@rigultrust.org](mailto:info@rigultrust.org) and please write “Newsletter” in the subject box

Tel: Margaret 023 8046 2926

With Very Best Wishes to Everyone  
Margaret Richardson and the Team